

Camp STIX 2008

CAMP NEWS

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www.campstix.org

Camp STIX 2008 Leaders Plan 8th Year

Plans are being made for another outstanding session of diabetes camping this summer. Camp STIX 2008 will be held on July 13-19 at BearPaw Camp near Newport, WA. Applications for counselors and lifeguards age 18 and older, and applications for junior counselors age 16 and older are being accepted. Camper registrations will be mailed out early in the spring. Please make sure your contact information is correct. Camp always fills up fast, once you get your registration, send it in!!!

"Jungle" Jim Passes the Camp STIX Torch

After twenty summers of camp, seven leading Camp STIX, "Jungle" Jim Hill has stepped down from Board President and Camp Director. New camp leaders are already in place and plans are well underway for a great 2008. The new Board President is "Bronco" Bill Martin who was elected in September. "Lunatic" Larue Drager and "Pokey" Patrick Reed will co-chair the camp program committee. And, "Lifesaver" Laura Wintersteen-Arleth has been named the new Camp Director. "Jungle" will still assist at camp and remain on the Camp Board.



2007 Program Staff

6th Annual Auction Set

The 2008 "Bear the Burden" auction/dinner is set for 3/15/08 at the Spokane Country Club. This is the largest fundraiser for camp. Tickets are \$60 per person. Sponsorships are available. Dana Haynes from KHQ/Fox 28 will emcee the event. For information on tickets or sponsorships call the camp office at (509) 484-1366.

Volunteering

Camp STIX was built on the foundation of being "community owned". Being community owned not only means being funded by the community, it also means being organized and executed by the community. Camp STIX would not be possible without volunteers from that community. Volunteers are always welcome and needed. Whether it be helping on the

auction, helping on a committee, or helping at camp. With the growth, more people are needed to plan the things needed to put Camp STIX on each year. If you can help in any way, please contact Camp STIX at our mailing address or by e-mailing at campstix@bresnan.net.

New Website Unveiled

Coming very very soon to a computer near you, you will see a brand-new look to the Camp STIX website! Phase one of the new site will be up in February with many other phases to follow. Some great things to look forward to are: photo galleries, blogs, camp updates, registration information, the "Camper Zone", diabetes info and much much more. So log on at www.campstix.org, bookmark the page and come back often!



**"Target" Tim Seppa, MD:
Camp STIX Medical Director**



**Camp Director "Lifesaver"
Laura Wintersteen-Arleth**

"Aqua" Ally: Youth Leader!

Camp STIX has greatness amongst us! "Aqua" Ally Paschal has been selected as one of nine youth leaders from all across North America to develop a Youth Leadership Initiative through DECA called D-Lead. This group will help to direct and promote youth leadership throughout the diabetes camping world... all over the world. This is quite an honor for "Aqua" and for Camp STIX. This initiative will serve as the groundwork for future programs of its kind. D-Lead will begin their journey this spring. We are all very proud of "Aqua"!



**"Aqua" Ally Paschal: Poized and
Focused Youth Leader**

For more information on DECA
(Diabetes Education and
Camping Association)

visit:

www.diabetescamps.org

What is D-Lead?

Thanks to the generosity of the **Medtronic Foundation**, the Diabetes Education and Camping Association announced the creation of the Diabetes Camp Leadership Council. "D-Lead" is a coalition that develops leadership training initiatives for diabetes camps internationally in concert with the mission of the DECA. Applications from young adults were accepted and reviewed by the Board of Directors of DECA, with the final recommendations made by a subcommittee of the Board. The Board was impressed by every applicant. Each one is a passionate young adult who is already an active leader in diabetes camping; a role model for others to follow.

The nine members of the D-Lead Council are:

- *Lara Abrahamson: Nova Scotia, Canada
- *Andrew Gaul: Quebec, Canada
- *Jennifer Goerzer: California, USA
- *Meagan Hennenfert: Indiana, USA
- *Lisa Henning: Idaho, USA
- *Sara Latimer: Alabama, USA
- *Lucas Morgan: Pennsylvania, USA
- *Ally Paschal: Washington, USA
- *McKenna Wilson: California, USA

Please join us in congratulating these enthusiastic individuals. The DECA Board is confident that each of those selected are talented and motivated leaders in diabetes camping, who will together serve as an effective team to enhance youth leadership here and abroad.

New Medical Director Named

Camp STIX has a new Medical Director: "Target" Tim Seppa, MD took over the role for 2008. "Target" has been practicing medicine in the Spokane area for over 30 years and currently, he works in the Pediatric Department, which he co-founded, for Group Health. "Target" volunteered at Camp STIX in 2007 and will be an asset to the camp. In his spare time, "Target" enjoys the outdoors, traveling and making movies on his computer, as well as, enjoying spending time with his wife, daughters and grandchildren. Welcome "Target"!!!

Camp Director: "Lifesaver"

Camp STIX is pleased to introduce the new Camp Director, "Lifesaver" Laura Wintersteen-Arleth, RN. "Lifesaver" comes with a strong background in diabetes and diabetes camping. She has a Masters in Nursing and teaches nursing in Spokane, as well as volunteering with several organizations including the Lions Club and the American Diabetes Association. "Lifesaver" has served as both Health Director and Camp Director at other diabetes camps. She enjoys spending time with her husband, kids and grandchildren. She believes that a diabetes camp should be a place for kids to feel safe, secure, loved and respected. She is very excited to be a part of Camp STIX and anxious to get to know the Camp STIX family. Welcome "Lifesaver"!!!

International Counselor at Camp STIX in 2008

Camp STIX will be hosting a counselor from our sister camp, Campo Amigo, in Ecuador. This will continue to foster the relationship between the camps through AYUDA (American Youth Understanding Diabetes Abroad). Camp STIX has long shared supplies and support with Campo Amigo, and last summer "Contagious" Chris volunteered in Ecuador. This is the next step in sharing a new culture with our campers. Having an international counselor at Camp STIX will benefit the camp, the campers, and the counselor as he learns about our American culture. We will be looking for host families, if you are interested, contact the camp office at (509) 484-1366.

Camp STIX 2008: July 13-19, 2008