



Wearing Continuous Glucose Monitors at Camp STIX

If you are planning to wear a Continuous Glucose Monitor (CGM) or Sensor at camp this year, please carefully review the following information and requirements for both counseling staff and campers. Previously, we have not allowed CGMs due to issues with loss and breakage (transmitters, receivers, phones). These devices are quite expensive to replace and transmitters can be lost or damaged in the active camp atmosphere. However, CGMs are quickly becoming a standard of care in diabetes management, and the same benefits you've experienced with your CGM at home apply to the camp environment. At camp, the trending information provided by CGMs greatly assists us with insulin decision making. They reduce the number of finger pokes for the camper which is especially beneficial during night rounds, and improve detection and avoidance of hypoglycemia. We ask you to consider the benefits and risks of bringing your CGM to camp and discuss them with your camper. Blood glucose levels are monitored very closely at camp, often checking 8-10 times per day or more. So if you choose to take a break from CGM for the week, this is a great time to take a sensor holiday and let us help with the continuous monitoring :)

Requirements for CGM/Sensor use at Camp STIX:

- Camp STIX is not liable for the loss or breakage of any CGM/Sensor system or components.
- Please know the warranty status or replacement costs associated with loss or repair.
- iPhones, iPod-Touch or other phones or devices that have cellular data or wifi capability, will NOT be allowed at camp to be used as receivers for CGM. There are no exceptions to this requirement.
- CGM transmitters must be paired with a hand-held receiver (i.e. Libre, Dexcom G4, G5, or G6 receiver), or communicate directly to an insulin pump (i.e. T:Slim G4 or X2, Medtronic system).
- Share or follow capabilities must be turned off while at camp.
- Alarms will be set to vibrate only at night to minimize sleep interruptions.

Instructions for use at camp:

- Place a new sensor the day before camp, to limit sensor changes during camp.
- CGM serial number of the transmitter must be logged with the MASH team at check in.
- CGM receiver, and/or insulin pump that communicates with the CGM, should be labeled with the camper name on the back of it.
- Bring a belt or other carrying device to carry the CGM at camp.
- Send charging cord (labeled with name) for use through the week if your system needs it.
- Calibrations will be performed per the system requirements.
- Meal dosing will be based off blood glucose readings only (not sensor glucose).

By signing below I agree that I have read the above, I consent to the requirements and instructions for CGM/Sensor use at Camp STIX, and I understand that Camp STIX is not liable for the loss or damage of any CGM/Sensor system or components.

Parent/Guardian signature (Counselor signature if over 18) _____ Date _____

Print Name _____

Name of Camper _____